

# TOKAY JR TIGERS

## CHEER COACHES CODE OF CONDUCT

- Coaches are responsible to ensure that the health, well-being and development of athletes takes precedence.
- Be on time! Practice is from 5:30-7:30 pm. At least one coach for every level has to be on the field ready to go. **HEAD COACH** is responsible for making sure there are coaches there.
- Be organized. Have your practices planned out, written out and timed. Be efficient with our time, keep it short.
- Try to incorporate games into your practices. Keep it fun
- Coaches accept that they do serve as role models, and there must be congruency between their actions and words.
- Coaches exemplify honesty, integrity, fair play and sportsmanship regardless of the impact that might have upon the outcome of the competition.
- Coaches maintain a professional demeanor in their relationship with athletes, officials, colleagues, administrators and the public and treat them with respect and dignity.
- Safety is our first concern. Get your kids, plenty of water breaks. Take no chances with heat exhaustion.
- Take no chances with health issues, if necessary call parent, evacuate or call for ambulance. Keep all asthma inhalers in one location.
- Speak with confidence and purpose.
- Be positive, smile, and enthusiastically encourage your cheerleaders.
- Be consistent, set parameters, and don't let your cheerleaders go outside them.
- Encourage overt sportsmanship at every turn.
- Encourage teamwork.
- Once school starts, Thursday is academic night. All players/cheerleaders must bring in their Academic Accountability Report. Make a big deal out of it. Those that do not bring it in run, those that do, rest.
- **Be supportive**, creating unnecessary drama or stirring controversy is grounds for dismissal from the program.
- **Keep your personal lives off the field. Do not discuss or display any part of your personal life with or in front of the cheerleaders.**
- Do not touch a cheerleader when we appear angry. Never touch a cheerleader in any private area.
- Do not use any abusive or foul language.
- Do not smoke or drink alcohol in front of any players/cheerleaders or parents on or off the field.
- Do not wear any clothing that promotes firearms, alcohol, tobacco products or bars.
- No “Do” rags, backward or sideways ball caps or pants that hang down underneath your rear end. Keep extensive tattoo displays covered.
- **No provocative clothing**-Bare midriffs, short shorts, tube tops etc.
- **Enforce practice attire.** 1<sup>st</sup> week of practice they are to wear athletic shorts and T Shirts in team colors only. (Purple, black, gray or white). They are not allowed to wear jeans or Levi shorts. If they are not in proper attire they do not participate.
- Head coaches, make sure your contract books are in your possession at all practices and games.
- No parents on the sidelines except for coaches, control the crowd.
- Restrain any problem parents by asking them to tone it down. Next warning, tell them their child will be removed from the game if they do not tone it down. Next step remove the player if necessary. Put the player back in when the Guardian leaves the field. Have a Board member help if needed.
- Refer any guardian or coach complaints to the President or any board member.
- If a child has been absent for more than two consecutive days you must call home and check on why they are not at practice.
- Report any player that has missed four unexcused practices in a row to Cheer Operations immediately.
- Coaches understand that there will be random roll call checks done by Cheer Operations.
- Report any rules violation to the President or any Board member present.
- Coaches must have a heart to help children of all races and economic conditions.
- All coaches must be approved by the President in advance, absolutely no exceptions.
- They must fill out paperwork, attend clinics and pass tests.

- **Coaches will follow curriculum provided by the organization. Failure to do so will result in immediate removal from the program.**
- Coaches agree to follow and enforce all rules set forth by the Board of Director's.
- Coaches agree to read and abide by the coaching and playing rules set forth by the DYSA.
- Coaches pledge to refrain from making negative comments about any team in the DYSA organization or members of the Tokay JR Tigers. This includes their coaching staff, players, board members and volunteers.
- If there is a problem with another coach, parent or board member, you must bring it to the board for resolution. You are not to discuss your issues with other members, coaches, players, etc. Especially on the field!
- **Coaches agree to volunteer at least 1 game (2 hrs total for season). This is in addition to you coaching at the game.**
- **Coaches will be required to get involved in fundraising and promote their cheerleaders to do such. Coaches will be required to be involved in at least 1 fundraising event for the year.**
- **Last but not least, if a Board Member/Team Mom approaches you during practice to talk to you or give you information you must give them your time. They are not there to interrupt your practice because they have nothing better to do. This is our time to communicate with you and relay team/league information.**

XX

I agree to abide by the above guidelines as a condition of coaching for the Tokay JR Tigers. I can be terminated at any time, with or without cause, and will have no remedy or review. I acknowledge that I will be a role model, that players will take their cue from me. I agree to act in a way that is honorable. While the goal is to play well, the primary goal is the uplifting and proper training of young men and women. If I leave to coach another football/cheer team, I will not take any other Tokay JR Tigers player with me except family members, nor encourage any Tokay JR Tigers player to leave the organization. Any violation of this will result in a \$250 per football player, \$100 per cheerleader, fee to be paid by me to the Tokay JR Tigers as well as all legal cost incurred by the Tokay JR Tigers as well as all collection cost.

This agreement is in effect for 2 (two) years.

\_\_\_\_\_

Print Name

\_\_\_\_\_

Date

\_\_\_\_\_

Signature of Coach