

TOKAY JR TIGERS

FOOTBALL COACHES CODE OF CONDUCT

- Coaches are responsible to ensure that the health, well-being and development of athletes take precedence over the win/loss record.
- I agree to abide by the minimum play rule set forth by the league.
- Be on time! Practice is from 5:30-7:30 pm. At least one coach for every level has to be on the field ready to go. **HEAD COACH** is responsible for making sure there are coaches there.
- Be organized. Have your practices and drills planned out, written out and timed. Be efficient with our time, keep it short. Change the drills often.
- Try to make a games or contests out of your drills to make them fun.
- Coaches accept that they do serve as role models, and there must be congruency between their actions and words.
- Coaches exemplify honesty, integrity, fair play and sportsmanship regardless of the impact that might have upon the outcome of the competition.
- Coaches maintain a professional demeanor in their relationship with athletes, officials, colleagues, administrators and the public and treat them with respect and dignity.
- Safety is our first concern. Get your kids, plenty of water breaks. Take no chances with heat exhaustion.
- Take no chances with health issues, if necessary call parent, evacuate or call for ambulance. Keep all asthma inhalers in one location.
- Keep live tackling drills limited to smaller spaces. We do not want 10-yard cushions for high-speed ramming type drills.
- Review in depth safe and sure blocking and tackling techniques with the head up to lessen the possibility of neck and head injuries.
- Speak with confidence and purpose.
- Be positive, smile, and enthusiastically encourage your players.
- Be consistent, set parameters, and don't let your players go outside them.
- Encourage overt sportsmanship at every turn.
- Encourage teamwork.
- Once school starts, Thursday is academic night. All players/cheerleaders must bring in their Academic Accountability Report. Make a big deal out of it. Those that do not bring it in run, those that do, rest.
- Do not touch a player when we appear angry. Never touch a player in any private area.
- Do not use any abusive or foul language.
- Do not smoke or drink alcohol in front of any players or parents on or off the field.
- Do not wear any clothing that promotes firearms, alcohol, tobacco products or bars.
- No "Do" rags; backward or sideways ball caps or pants that hang down underneath your rear end. Keep extensive tattoo displays covered.
- **Enforce practice attire.** 1st week of practice they are to wear athletic shorts and T Shirts in team colors only. (Purple, black, gray or white). They are not allowed to wear jeans or Levi shorts. If they are not in proper attire they do not participate.
- *We do not want any Tokay JR Tigers team to win by more than four touchdowns if we can help it. If ahead by 30 or more in quarter 4, let the other team score to avoid shutouts.
- *No Tokay Jr Tigers team is allowed to score 50 points, unless the other team is within three touchdowns. Be proactive; don't put yourself in a position to go over 50. As a precaution, tell the official to flag your team if they score.
- *Call time out and put in wholesale second offense or defense in immediately for one series when ahead by three touchdowns. Substitute freely.
- *Have third string QB and running backs ready to play for above situations.
- *Do not run outside or pass went up by three touchdowns or more.
- *Do not blitz, pass, have star players handle the ball or run trick plays when up by three touchdowns or more, except for the first series after half.
- *Put players in unfamiliar positions, when a "slaughter" is on to keep the scores reasonable and guarantee fumbles to the other team.
- *When ahead comfortably late in the game, do not call timeouts, absolutely do not pass or call blitzes and stay inbounds and run the clock out. Don't sub a star or big player back in late in the game. Kneel to run out the last few ticks, if you are close to the goal line.
- *Any coach not abiding to the above circumstances will be suspended for one game. Head coaches are responsible for their coaching staff.
- Do not excessively celebrate big plays with such things as raised arms or booming shouts
- Head coaches, make sure your contract books are in your possession at all practices and games.

- No arguing with officials or opposing coaches. Only talk to officials to clarify the number of the player committing the foul, asking for amount of time left or timeouts and clarifying any “Special” league rules, never a judgment call ever. Any coach that is tossed from a game will be placed on suspension until board review.
- No parents on the sidelines except for coaches, control the crowd.
- Restrain any problem parents by asking them to tone it down. Next warning, tell them their child will be removed from the game if they do not tone it down. Next step remove the player if necessary. Put the player back in when the Guardian leaves the field. Have Board member help if needed.
- Refer any guardian or coach complaints to the President or any board member.
- If a player throws his helmet in anger or removes his shoulder pads in anger, player will be suspended until board review.
- If a player has been absent for more than two consecutive days you must call home and check on why they are not at practice.
- Report any player that has missed four unexcused practices in a row to Football Operations immediately.
- Retrieve equipment from expelled or players that quit and notify Football Operations immediately.
- Coaches must follow minimum play rule set forth by the DYSA League.
- Coaches understand that there will be random roll call checks done by Football Operations.
- Report any rules violation to the President or any Board member present.
- Coaches must have a heart to help children of all races and economic conditions.
- All coaches must be approved by the President in advance, absolutely no exceptions.
- They must fill out paperwork, attend clinics and pass tests.
- **Coaches will follow offense and defense curriculum provided by the organization. Failure to do so will result in immediate removal from the program.**
- **Coaches must run certain technique drills and fun drills provided by the organization. One fun drill must be performed at least once a week.**
- Coaches agree to follow and enforce all rules set forth by the Board of Director’s.
- Coaches agree to read and abide by the coaching and playing rules set forth by the DYSA.
- Coaches pledge to refrain from making negative comments about any team in the DYSA organization or members of the Tokay JR Tigers. This includes their coaching staff, players, board members and volunteers.
- If there is a problem with another coach, parent or board member, you must bring it to the board for resolution. You are not to discuss your issues with other members, coaches, players, etc. Especially on the field!
- **Coaches agree to volunteer for scoreboard, chain gang, set up, announcing etc. (2 hrs total for season)**
- **Coaches will be required to get involved in fundraising and promote their players to do such. Coaches will be required to be involved in at least 1 fundraising event for the year.**
- **Last but not least, if a Board Member/Team Mom approaches you during practice to talk to you or give you information you must give them your time. They are not there to interrupt your practice because they have nothing better to do. This is our time to communicate with you and relay team/league information.**

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 I agree to abide by the above guidelines as a condition of coaching for the Tokay JR Tigers. I can be terminated at any time, with or without cause, and will have no remedy or review. I acknowledge that I will be a role model, that players will take their cue from me. I agree to act in a way that is honorable. While the goal is to play well, the primary goal is the uplifting and proper training of young men and women. If I leave to coach another football/cheer team, I will not take any other Tokay JR Tigers player with me except family members, nor encourage any Tokay JR Tigers player to leave the organization. Any violation of this will result in a \$250 per football player, \$100 per cheerleader, fee to be paid by me to the Tokay JR Tigers as well as all legal cost incurred by the Tokay JR Tigers as well as all collection cost.

This agreement is in effect for 2 (two) years.

Print Name

Date

Signature of Coach